



PELVIC ULTRASOUND FULL BLADDER PREP INSTRUCTIONS:

Your doctor has ordered a PELVIC ULTRASOUND procedure to evaluate your PELVIC CAVITY/UTERUS/OVARIES. This requires the following FULL BLADDER prep instructions:

- Drink 36 – 42 oz. of **WATER** one hour prior to your scheduled test time. Please have all water consumed as described in order for your bladder to have ample time to fill. **DO NOT EMPTY YOUR BLADDER.**
- If your bladder is not filled adequately, you may be asked to reschedule your exam or may have to wait until your bladder has properly filled.
- Menstruation/vaginal bleeding **DOES NOT** interfere with this exam.
- Please arrive at AGH outpatient registration 15 minutes before your scheduled time to allow for the registration process.
- You may take all prescribed medications as directed by your physician.
- Please avoid wearing perfumes or colognes.
- If you have any questions, please call 410-641-9668.

Day of exam: If you are unable to “hold” your full bladder, please ask to speak to an ultrasound technologist before voiding.