

PLENVU[®]
Powder for Oral Solution
PEG 3350, Sodium Ascorbate, Sodium Sulfate, Ascorbic Acid, Sodium Chloride, and Potassium Chloride
140g | 48.11g | 9g | 754g | 5.2g | 2.2g

GETTING READY FOR A COLONOSCOPY?

Tips on taking PLENVU[®]



PLENVU[®] has 2 dosing flavors for a positive bowel prep experience*

It's important to take PLENVU[®] exactly as prescribed. Your healthcare provider will tell you to take the 2-Day Split-Dosing option or the 1-Day Morning Dosing option.[†]



DOSE 1: MANGO



DOSE 2: FRUIT PUNCH

When taking PLENVU[®], refer to your instructions for use, but keep these steps in mind:

Dose 1 (Pouch labeled Dose 1): at 6PM

1 /



Use container provided to mix PLENVU[®] powder with at least 16 ounces of water until completely dissolved. This may take 2 or 3 minutes.

- Slowly drink and finish the dose within 30 minutes
- Try drinking it through a straw and have some hard candies or mints (no red, blue, or purple)

2 /



Refill same container with at least 16 ounces of a clear liquid, like water or lemonade

- Again, finish drinking within 30 minutes

3 /



Drink additional clear liquids between your 2 doses of PLENVU[®]

- Some examples include water, ginger ale, seltzer, clear broth soups, sports drinks, clear fruit juice, and popsicles (without pieces of fruit or pulp)

Dose 2 (Pouches A & B): at 12AM

4 /



Once it is time for you to take dose 2, **repeat steps 1-3 with Pouch A and Pouch B (to be taken together).**



Remember to wait until the time that your healthcare provider instructed before starting your second dose of PLENVU[®].

NOTE: Stop drinking liquids at least 2 hours before your colonoscopy or as recommended by your doctor. You'll need to finish both doses of PLENVU[®] to complete your prep. It is important to take PLENVU[®] exactly as directed by your healthcare provider. PLENVU[®] may affect how other medicines work. If you need to take any other medicines by mouth, take those medicines at least 1 hour before starting each dose of PLENVU[®].

*Based on diary ratings given by patients who took PLENVU[®] or Suprep[®] during a clinical trial. There were no differences between the ratings given for easy-to-follow instructions, easy to drink, effectiveness of bowel cleansing, and interference with normal daily activities

[†]If instructed to take the 1-Day Morning Dosing option, both doses will be taken on the same day as your scheduled colonoscopy

ADDITIONAL HELPFUL TIPS

PLENVU[®] CAN BE REFRIGERATED

Drink within 24 hours after it's mixed with water



STAY NEAR A BATHROOM

Your first bowel movement will likely happen 1 to 2 hours after you first start taking PLENVU[®]



AVOID CERTAIN BEVERAGES

Includes alcohol, milk, red or purple colored liquids, or drinks containing pulp



STAY HYDRATED

It is important that you drink clear liquids before, during, and after your prep



WATCH HOW TO TAKE PLENVU[®]

Scan to visit myPLENVU.com/how-to-take for full dosing instructions and to watch videos about the convenient dosing options for PLENVU[®]

INDICATION

PLENVU[®] (polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride, and potassium chloride for oral solution) is a prescription medication used by adults to clean the colon before a colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take PLENVU[®] if you have a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestine (bowel perforation), problems with food or fluid emptying from your stomach (gastric retention), a problem with food moving too slowly through your intestines (ileus), a very dilated large intestine, or an allergy to any of the ingredients in PLENVU[®].

Please see additional Important Safety Information on reverse side and accompanying full Prescribing Information.

IMPORTANT SAFETY INFORMATION *(continued)*

- PLENVU® and other bowel preparations can cause serious side effects including loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in body salts with PLENVU® is higher if you have heart problems, kidney problems, or take water pills, high blood pressure medicine, or non-steroidal anti-inflammatory drugs (NSAIDs).
- Your healthcare provider may do blood tests after you take PLENVU® to check your blood for changes. Tell your healthcare provider right away if you have any symptoms of too much fluid loss (dehydration) including vomiting, dizziness, heart problems, kidney problems, seizures, dry mouth, urinating less often than normal; headache, or feel faint, weak, or light-headed, especially when you stand up.
- PLENVU® can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- PLENVU® can cause serious allergic reactions that may include skin rash, itching, raised red patches on your skin (hives); swelling of the face, lips, tongue, and throat; and kidney problems.
- The most common side effects in patients taking PLENVU® were nausea, vomiting, dehydration, and stomach pain or discomfort.
- Tell your healthcare provider about all of your medical conditions and medicines you take, including prescription, non-prescription medicines, vitamins, and herbal supplements before you take PLENVU®.

These are not all the possible side effects of PLENVU®. Ask your healthcare provider for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call **1-800-FDA-1088**.

For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center

Phone: 1-800-321-4576

Fax: 1-510-595-8183

Email: salixmc@dlss.com

Please see additional Important Safety Information on reverse side and accompanying full Prescribing Information.



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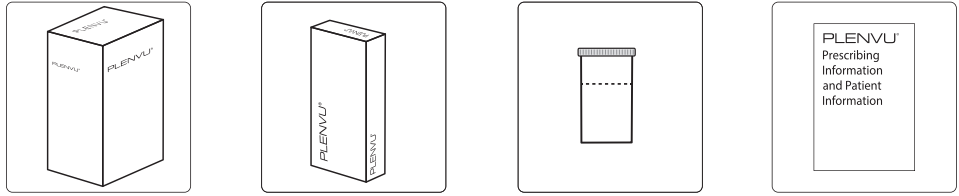


Instructions for Use
PLENVU® (plen-vu)
(polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride
and potassium chloride for oral solution)

There are two different options for taking PLENVU. Your healthcare provider will tell you to take the Two-Day Split Dosage option or the One-Day Morning Dosage option.

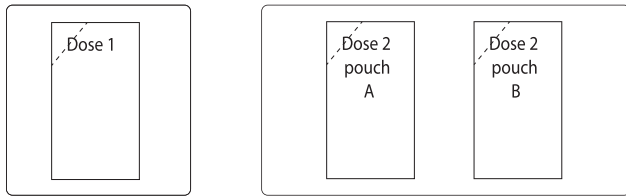
The following are provided with the pack:

- An outer carton:
- An inner carton:
- A mixing container with removable lid:
- Prescribing Information and Patient Information



The inner carton contains:

- Dose 1
- Dose 2 Pouch A and Dose 2 Pouch B (to be taken together)



Additional supplies (not included in the pack):

- Water (to mix with PLENVU).
- Scissors (optional to cut the pouches on the dotted line).
- Spoon (optional to mix the water and PLENVU together. You can also mix the water and PLENVU by putting the lid on securely and shaking it. See step 1c below).

Important Information on PLENVU:

- You must drink all of Dose 1 (one pouch) and Dose 2 (two pouches) of PLENVU for either dosing option. Make sure you finish Dose 2 at least 2 hours before your colonoscopy. **Do not** add any other ingredients to PLENVU.
- **Do not** mix PLENVU with starch-based thickeners.
- PLENVU **must** be mixed with water.
- **Drink clear liquids before, during, and after you take PLENVU, up until 2 hours before your colonoscopy, to help prevent fluid loss (dehydration), and changes in blood salt (electrolyte) levels.**

It is important for you to drink the additional amount of clear liquids listed here in the Instructions for Use.

Examples of clear liquids are:

- water
- clear broth soups
- herbal tea, black tea or coffee
- watered down (diluted) (from concentrate) clear fruit juices (without pulp) including apple juice or white grape juice
- clear soda
- gelatin (without added fruit or topping)
- popsicles (without pieces of fruit or fruit pulp)
- strained limeade or lemonade
- **Do not** eat or drink alcohol, milk, anything colored red or purple or any foods that have pulp.
- **Do not** take other laxatives while taking PLENVU.
- If you need to take any other medicines by mouth (oral), take those medicines at least 1 hour before starting each dose of PLENVU.
- **Do not** eat solid food while taking PLENVU until after your colonoscopy.
- For the Two-Day Split Dosage schedule:
 - On the day before the colonoscopy you can eat a light breakfast followed by a light lunch.
 - You must finish eating lunch at least 3 hours before you start taking PLENVU.
 - After you start taking PLENVU you can only drink clear liquids.
- For the One-Day Morning Dosage schedule:
 - On the day before the colonoscopy you can eat a light breakfast followed by a light lunch. For dinner you may have clear broth soup or plain yogurt.
 - You should finish dinner by about 8 pm.
 - After you start taking PLENVU you can only drink clear liquids.
- **Do not** eat the morning of your colonoscopy.

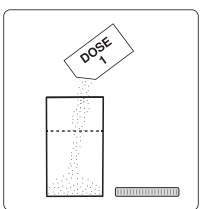
Two-Day Split Dosage Schedule

Take Dose 1 in the evening sometime between 4 pm and 8 pm.

Take Dose 2 the next morning, on the day of the colonoscopy. This should be about 12 hours (between about 4 am and 8 am) after you started Dose 1. Make sure you finish Dose 2 at least 2 hours before your colonoscopy.

Follow Step 1 to Step 3 on how to mix with a spoon or shake with lid on securely and take PLENVU:

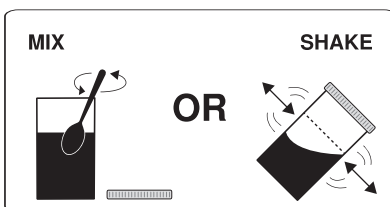
Step 1a: Empty Dose 1 into the mixing container that comes with your PLENVU.



Step 1b: Add water to the fill line. You will need to add at least 16 ounces.



Step 1c: Mix the water and PLENVU together with a spoon or put lid on mixing container securely and shake the water and PLENVU, until it is completely dissolved. This can take 2 to 3 minutes.

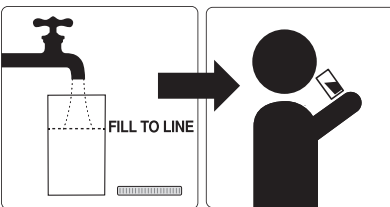


Step 2: Drink the entire contents of the mixing container over the next 30 minutes.

If you feel like you have severe stomach pain or discomfort you can stop taking PLENVU for a short time and then continue taking it or you can take smaller sips of PLENVU so that you space out your dose longer than 30 minutes. If you still have severe stomach pain, call your healthcare provider.



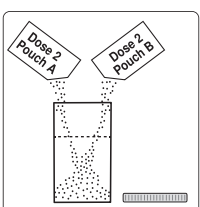
Step 3: Rinse the mixing container with water. Refill to the fill line with clear liquids. This will be at least 16 ounces. Drink the entire contents of the mixing container over the next 30 minutes. **Continue to drink additional clear liquids during the evening as this is important to help avoid dehydration.** For a list of clear liquids, see examples at the top of the Instructions for Use.



After taking PLENVU if you have any bloating or feeling like your stomach is upset, wait to take Dose 2 until your stomach feels better.

For Dose 2: Rinse the mixing container with water. Repeat Steps 1, 2 and 3 but this time for Dose 2 you will empty two dose pouches (Dose 2 Pouch A and Dose 2 Pouch B) into the mixing container at the same time.

After drinking your 16 ounces of water mixed with PLENVU and the 16 ounces of the clear liquids, **it is important that you drink additional clear liquids to help avoid dehydration.** For a list of clear liquids, see examples at the top of the Instructions for Use. **You must stop drinking all liquids at least 2 hours before your colonoscopy.**



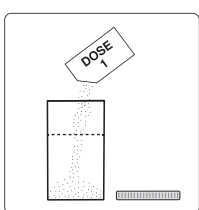
One-Day Morning Dosage Schedule

Take Dose 1 the morning of your colonoscopy sometime between 3 am and 7 am.

Take Dose 2 about two hours after you start Dose 1. Make sure you finish Dose 2 at least 2 hours before your colonoscopy.

Follow Step 1, Step 2 and Step 3 on how to mix with a spoon or shake with lid on securely and take PLENVU:

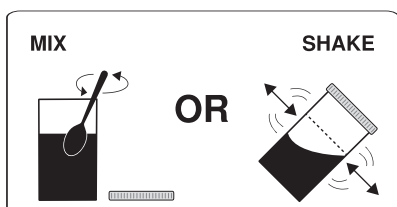
Step 1a: Empty Dose 1 into the mixing container that comes with your PLENVU.



Step 1b: Add water to the fill line. You will need to add at least 16 ounces.



Step 1c: Mix the water and PLENVU together with a spoon or put lid on mixing container securely and shake the water and PLENVU, until it is completely dissolved. This can take 2 to 3 minutes.



Step 2: Drink the entire contents of the mixing container over the next 30 minutes.

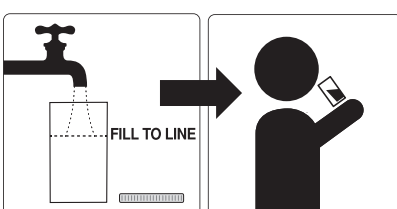
If you feel like you have severe stomach pain or discomfort you can stop taking PLENVU for a short time and then continue taking it or you can take smaller sips of PLENVU so that you space out your dose longer than 30 minutes. If you still have severe stomach pain, call your healthcare provider.



Step 3: Rinse the mixing container with water. Refill to fill line with clear liquids. This will be at least 16 ounces. Drink the entire contents of the mixing container over the next 30 minutes.

After drinking your 16 ounces of water mixed with PLENVU and the 16 ounces of the clear liquids, it is **important** that you drink additional clear liquids **in the morning before Dose 2** to help avoid dehydration. For a list of clear liquids, see examples at the top of the Instructions for Use.

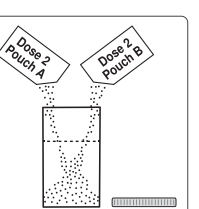
You must stop drinking all liquids at least 2 hours before your colonoscopy.



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For Dose 2: Rinse the mixing container with water. Repeat Step 1, Step 2 and Step 3 but this time for Dose 2 you will empty two dose pouches (Dose 2 Pouch A and Dose 2 Pouch B) into the mixing container at the same time.

After drinking your 16 ounces of water mixed with PLENVU and the 16 ounces of the clear liquids, **it is important that you drink additional clear liquids to help avoid dehydration.** For a list of clear liquids, see examples at the top of the Instructions for Use. **You must stop drinking all liquids at least 2 hours before your colonoscopy.**



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This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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