



Upper Endoscopy (EGD) Instructions

This form contains instructions for your EGD procedure. They should be followed to make your examination as safe and accurate as possible.

Your EGD is scheduled on _____ at _____. Report to the Endoscopy Center at James Barrett Building located on 10231 Old Ocean City Blvd, Suite #205, Berlin MD 21811.

Please arrive at _____. ***** ARRIVAL TIMES ARE SUBJECT TO CHANGE*****

If you have any questions or concerns regarding your scheduled procedure and/or instructions, please call our office at (410) 629-1450.

INSTRUCTIONS FOR EGD

1. Blood may have been drawn for the following lab test prior to EGD (CBC with platelets, PT and PTT). The office will notify you if these tests are necessary.

2. _____ Stop aspirin, iron, Plavix, Coumadin, NSAID (Aspirin, Celebrex, Ibuprofen, Ketorolac, Naproxen, Aleve, etc.) type arthritis medicines all blood thinners five days prior to the procedure. You may continue to use Tylenol during this period.

All other medications should be continued until the morning of your procedure.

3. _____ Light dinner. Nothing solid after 12am.
Do not eat or drink anything after midnight. You may have clear liquids 4 hours prior to arrival.

4. If you take insulin, blood pressure or heart medications, the office will notify you whether these should be taken in the morning of your test with a sip of water.
(No medications except what is listed morning of test)

5. You must bring someone with you who will be responsible for driving you home. You may not arrive in Uber or Cab unless you have someone 18 years or older with you.

6. If you need to cancel or re-schedule please try to give 7 days' notice if at all possible.

7. If you have any medical issues that arise once procedure has been scheduled please contact surgery scheduler immediately to determine if needs to be re-scheduled.

BRING PHOTO ID, INSURANCE CARDS AND COVID VACCINE CARD OR PHOTO IF VACCINATED.

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